

CONTACT US:

To learn more about UTO,
or to download materials to start your own
gratitude practice use the QR codes below.

You can also find us at:

email: hmelton@episcopalchurch.org

web: www.unitedthankoffering.com

social:



**GRATITUDE
MATERIALS**

**GENEROSITY
MATERIALS**



**UTO GRANT
MATERIALS**



ABOUT UTO



The United Thank Offering began in 1883 when the women of the church took up a thank offering to support innovative mission and ministry in The Episcopal Church and Anglican Communion that the church budget could not cover.

Today, UTO includes members of all ages and genders, and welcomes people regardless of church affiliation. UTO's focus is still on promoting gratitude and supporting innovative projects that address compelling needs around the globe.

*Photo Credit: Members of UTO in Denver, CO 1931,
from a Brief History of the Episcopal Church*



**UNITED
THANK
OFFERING**

**PRACTICE
GRATITUDE**

**CHANGE THE
WORLD**

GRATITUDE

WHY GRATITUDE MATTERS

Gratitude is a pretty simple concept, but is something that many people find hard to practice. Being grateful requires simply noticing something good in your life and responding with thanks. Noticing more good things, feeling gratitude for them, and thanking the people who made those good things possible builds positivity and happiness in both the grateful person and the thanked people. This creates a spreading circle of gratitude and kindness.

Because learning to be grateful requires practice, UTO provides materials and creates opportunities for anyone to begin or deepen a gratitude practice. There are many good things that happen in our lives that we can't say thank you for, such as a beautiful sunrise or recovery from illness. In these moments, UTO members make a thank offering either online or in a Blue Box as a way of sharing their gratitude.

GENEROSITY

GRATITUDE GENERATES GENEROSITY

People who practice gratitude often find that they become more fully present in the world around them and notice more and more things to be grateful for, which often inspires the desire to give back. Grateful people are often generous people who share their time, money, and gifts with their communities. UTO believes that when we connect gratitude with giving, we can help grow a kinder world.

UTO has materials to help individuals, families, and congregations think about how to share their gifts with others by first giving thanks for the communities of which they are a part.

To learn more about ways to live a more generous and grateful life use the QR code on the back.

**WE FIND GREAT
CAUSE FOR
THANKFULNESS.**

JULIA CHESTER EMERY,
UTO FOUNDER

GRANTING

WHERE THANK OFFERINGS GO

Through grants, UTO supports global innovative ministries addressing compelling need and which could serve as models for others.

Each year, 100% of what is donated to UTO is given away the following year as way of helping people connect gratitude, generosity, and care for others.

Since 1883, UTO has given away \$143,235,479.98 through 5,428 grants.

The photos in this brochure are from recently awarded projects: Horse Camp for Lakota Children in South Dakota, Clean Water Project in Kenya, and a project in Florida that connected interns and a senior center through environmental projects.

