

UTO: GROWING GRATEFUL HEARTS



The practice of gratitude is a cycle of noticing something good and responding to it. Gratitude is pretty simple, and maybe that's what makes it so hard to remember.

Gratitude is really important, it is one way we can infuse kindness and love into our lives and world.



Reflecting its legacy and recognizing the intentionality gratitude necessitates, UTO provides materials and creates opportunities for anyone to embrace or deepen a gratitude practice.



There are lots of good things that happen in our life that we can't say thank you for: from a beautiful sunrise to recovery from illness. In these moments, UTO members make a thank offering either online or in a Blue Box as a sign of gratitude.

UTO: FUNDING INNOVATIVE PROJECTS



100% of thank offerings given to UTO by grateful individuals, families and congregations is distributed annually by the UTO Board as grants in response to focused applications it receives.



Through grants, UTO supports global innovative ministries addressing compelling needs which could serve as models for the whole church.



To learn more about UTO, or to download materials to start your own gratitude practice use this QR code.

