

The United Thank Offering Presents:
Waves of Gratitude

A Vacation Bible Camp Curriculum Focused on Gratitude



Expansion Item: Origami Fish Art

Supplies per Participant:

- one sheet of white cardstock
- blue paint
- paint brushes
- bubble wrap
- origami paper – 3-5 depending on the size
- eye stickers

Directions:

1. paint a piece of bubble wrap blue – then use it to print a white sheet of paper to look like bubbles under the water.
2. fold three origami fish (see below for three online tutorials, there are also videos you can show the group and fold together)
3. glue the fish to the paper, once dry, add an eye sticker

Add On Ideas:

- Invite them to write things they are thankful for on the back of each sheet of origami paper – give them a topic for each one, like family, environment, fun
- bring other paints so they can complete their underwater theme
- Ocean creatures are surrounded by water like we are surrounded by opportunities to be grateful – invite them to write words in the shape of sea weed or fish which are opportunities for people to stop and be grateful

Instructions with step-by-step photos for a very easy origami fish can be found here:

<https://www.easypeasyandfun.com/easy-origami-fish/>

Instructions for a moderate challenge can be found here:

<https://www.momsandcrafters.com/origami-fish/>

Instructions for a slightly more challenging origami fish can be found here:

<https://www.thesprucecrafts.com/traditional-origami-fish-instructions-3953589>